

Year 2 PSHE Coverage

<i>'As citizens, we recognise and understand our own and other's needs so we can make informed choices about our wellbeing.'</i>						
Jigsaw Scheme Units	Autumn 1 Being Me in My World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Guidance	<p>The Relationship Education , Relationships and Sex Education and Health Education Statutory Guidance says that 'Schools are free to determine how to deliver the content set out in this guidance, in the context of a broad and balanced curriculum.'</p> <p>The Personal, Social, Health and Economic Education Guidance Feb 2020 says that, 'To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription.'</p>					
Subject Focus	<p>All the learning is focused around hopes and fears for the year and rights and responsibilities. They will look at rewards and consequences and being in a safe and fair learning environment. It teaches how to value contributions, make choices and how to recognise feelings.</p>	<p>This unit looks at assumptions and stereotypes about gender. Understanding bullying and standing up for themselves and others. The importance of making new friends and gender diversity - celebrating difference and remaining friends.</p>	<p>This helps children to achieve realistic goals. Looks at perseverance and learning strengths. Learning with others including group co-operation and contributing to and sharing success.</p>	<p>The focus is to teach children how to to be motivated and to make healthier choices. Relaxation, Healthy eating and nutrition all benefit us in life. Healthier snacks and sharing food are examined.</p>	<p>This unit examines different types of family. Looking at physical contact boundaries, friendship and conflict. Secrets Trust and appreciation are explored as is expressing appreciation for special relationships.</p>	<p>The changing me unit explains how babies grow looking at understanding a baby's needs. Body changes are taught. Family stereotypes are looked at too. Also importantly, it prepares children for transition.</p>

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Fab Five	<ol style="list-style-type: none"> 1. I know how my behaviour affects others. 2. I can make choices. 3. I can discuss what good choices are. 4. I know what bullying is. 5. I have good friends. 6. I know it is ok to be different. 		<ol style="list-style-type: none"> 1. I can work in a group. 2. I know what I am good at. 3. I can explain how it feels to be in a group. 4. I know why food and medicines are good for me. 5. I can make healthy choices. 		<ol style="list-style-type: none"> 1. I know what a relationship is. 2. I can compare different relationships. 3. I know some problem solving techniques. 4. I can use language for private body parts. 5. I can explain what I do and don't like about getting older. 	
Unit specific vocabulary	<p>Worries Hopes Fears Belonging Rights Responsibilities Responsible Actions Praise Reward Consequence Positive Negative Choices Co-operate Learning Charter Rewards Problem-solving Choices</p>	<p>Boys Girls Similarities Assumptions Shield Stereotypes Differences Special Bully Purpose Kind Unkind Feelings Sad Lonely Help Stand up for Help Male Female Difference Diversity Fairness Kindness Friends Special Unique Different Similarities Value</p>	<p>Realistic Proud Success Celebrate Achievement Goal Strengths Persevere Challenge Difficult Easy Learning together Success Celebrate Achievement Goal Partner Team work Challenge Product Dream Group Team work Problem-solve Proud</p>	<p>Healthy choices Lifestyle Motivation Relax Relaxation Tense Calm Healthy Unhealthy Dangerous Medicines Safe Body Balanced diet Portion Proportion Fuel Nutritious Energy</p>	<p>Family Different Similarities Special Relationship Important Cooperate Touch Physical contact Communication Hugs Like Dislike Acceptable Not acceptable Friends Likes/dislikes Conflict Point of view Positive problem solving Secret Surprise Good secret Worry secret Telling Adult</p>	<p>Change Grow Life cycle Control Baby Adult Fully grown Growing up Old Young Change Respect Appearance Physical Baby Toddler Child Teenager Adult Independent Timeline Freedom Responsibilities Male Female Vagina Penis Testicles Vulva Anus Public Private Touch Texture Cuddle Hug Squeeze Like Dislike Acceptable Unacceptable</p>

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