

Year 6 PSHE Coverage

<i>'As citizens, we recognise and understand our own and other's needs so we can make informed choices about our wellbeing.'</i>						
Jigsaw Scheme Units	Autumn 1 Being Me in My World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Guidance	<p>The Relationship Education , Relationships and Sex Education and Health Education Statutory Guidance says that 'Schools are free to determine how to deliver the content set out in this guidance, in the context of a broad and balanced curriculum.'</p> <p>The Personal, Social, Health and Economic Education Guidance Feb 2020 says that, 'To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription.'</p>					
Subject Focus	<p>This unit focuses on identifying goals for the year.</p> <p>Global citizenship and children's universal rights are covered.</p> <p>Feeling welcome and valued whilst choices,consequences and rewards are considered.</p> <p>The unit looks at group dynamics, including democracy and having a voice.</p> <p>Anti-social behaviour is touched upon and</p>	<p>All of the learning is based around perceptions of normality and understanding disability.</p> <p>Power struggles and understanding bullying are studied.</p> <p>Inclusion/exclusion and differences as conflict, and difference as celebration is explored. The idea of empathy and how it helps us is discussed.</p>	<p>The focus is on personal learning goals both in and out of school.</p> <p>Are success criteria important?</p> <p>The unit looks at how our emotions change in success</p> <p>Making a difference in the world is important and using</p> <p>Motivation to help you along the way is assured.</p> <p>Recognising achievements and</p>	<p>This helps children to understand the importance of taking personal responsibility.</p> <p>They learn how substances affect the body and what exploitation, including 'county lines' and gang culture is.</p> <p>Emotional and mental health are visited and ways to manage stress are explored.</p>	<p>This unit examines mental health along with identifying mental health worries.</p> <p>Sources of support are found.</p> <p>Love and loss is covered as is managing feelings.</p> <p>Power and control along with assertiveness are covered.</p> <p>Technology, safety</p>	<p>The Changing Me unit looks at their self-image and body image.</p> <p>Puberty and conception to birth is taught and their feelings about this are encouraged.</p> <p>Reflections about these changes are made.</p> <p>Physical attraction is highlighted and they are made aware of respect and consent.</p> <p>Boyfriends/girlfriends and the concept of</p>

Year 6 PSHE Coverage

	so is the importance of role-models.		using compliments is promoted.		And careful responsibility with technology use are highlighted.	sexting are discussed. Transition for High School is a big focus.
Fab Five	<ol style="list-style-type: none"> 1. I can explain how my choices impact others globally. 2. I can empathise with others in my community and globally. 3. I know how difference can cause conflict or celebration. 4. I know what it feels like to show empathy. 5. I can show empathy with people in situations where their difference causes conflict. 		<ol style="list-style-type: none"> 1. I can explain ways how working with others can make the world a better place. 2. I know what motivates me to make the world better. 3. I know what substance or alcohol misuse is. 4. I use my skills to keep myself emotionally and physically healthy. 5. I can manage stress or pressure. 		<ol style="list-style-type: none"> 1. I can identify when people are trying to gain power or control. 2. I can explain how I might feel if I lost someone close to me. 3. I can explain the process from conception to birth. 4. I can explain how I feel about becoming a teenager. 5. I can say how I feel about the development and birth of a baby. 	
Unit specific vocabulary	Goals Worries Fears Value Welcome Choice Ghana West Africa Cocoa plantation Cocoa pods Machete Rights Community Education Wants Needs Maslow Empathy Comparison Opportunities Education Choices Behaviour Consequences Empathise Learning Charter Obstacles	Normal Ability Disability Visual impairment Empathy Perception Medication Vision Blind Male Female Diversity Transgender Gender diversity Courage Fairness Rights Responsibilities	Dream Hope Goal Learning Strengths Stretch Achievement Personal Realistic Unrealistic Feeling Achievement Success Criteria Learning steps Money Global Issue Suffering Concern Hardship Sponsorship Hardship Empathy Motivation	Responsibility Choice Immunisation Prevention Drugs Effects Motivation Prescribed Unrestricted Over-the-counter Restricted Illegal Volatile substances 'Legal highs' Exploited Vulnerable Drugs	Mental health Ashamed Stigma Stress Anxiety Support Mental health Worried Signs Stress Anxiety Warning Support Self-harm motions Feelings Sadness Loss Grief Denial Despair Guilt Shock Hopelessness	Self-image Self- esteem Real self Celebrity Opportunities Freedoms Responsibilities Puberty Pubic Hair Voice Breaks M Facial Hair Erection Tampon Breasts Hormones Wet Dream Ovulation Masturbation Sanitary Towel Clitoris Testicles

Year 6 PSHE Coverage

	Cooperation Collaboration Legal Illegal Lawful Laws Learning Charter Participation Motivation Rights Responsibilities Rewards Consequences Democracy Decision Proud	Power Struggle Imbalance Control Harassment Bullying Bullying behaviour Direct Indirect Argument Recipient Para Olympian Achievement Accolade Disability Sport Perseverance Admiration Stamina Celebration Difference Conflict	Suffering Hardship Empathy Motivation Admire Respect Achievement Praise Compliment Contribution Recognition	Criminal Illegal Gangs Gang Pressure Strategies Reputation Anti- social behaviour Crime Illegal Mental health Emotional health Mental illness Symptoms Stress Triggers Strategies Managing stress Pressure	Anger Acceptance Bereavement Coping strategies Power Control Authority Bullying Script Assertive Strategies Risks Pressure Influences Self- control Real/Fake True/untrue Assertiveness Judgement Communication Technology Power Control Cyberbullying Abuse Safety	Sperm Underarm Hair Penis Feeling Moody Vagina Womb Fallopian Tube Vulva Menstruation Semen Growing Taller Hips Widen Pregnancy Embryo Foetus Placenta Umbilical cord Labour Contractions Cervix Midwife Attraction Relationship Pressure Love Sexting Self-esteem Negative body-talk Choice Feelings/emotions Challenge Mental health Transition Secondary Looking forward Journey Worries Anxiety Hopes Exciteme
--	--	---	---	--	--	--